



THE UNIVERSITY OF
SYDNEY

Agile Project Management Course: Introduction

*Centre for
Continuing Education*



Agile Project Management Course: Introduction

Agile is a strategy that is proving to be very effective in project work of all kinds. What began as a product development and then IT approach, is now being used broadly across all business projects.

In this one-day introductory workshop, we will demonstrate the concepts of Agile project management and how to apply them across a range of business projects. This is an overview and is not aligned to any particular Agile methodology, although we will introduce you to some of the most popular approaches.

Agile involves an incremental, iterative approach to project delivery and stands in distinction to traditional methods, that focus on extensive planning, rather than letting the project dictate its own parameters, where possible. The Agile approach is effective when the scope of the project has uncertainty and changes are inevitable. Agile allows for flexibility to meet the client needs and enables speed of delivery.

This hands-on course provides the knowledge and techniques required to implement successful Agile concepts and explains the best way to transition from a traditional planned based Waterfall approach into Agile. We will define the difference between Waterfall and Agile concepts, and demonstrate the application of Agile with some hands-on activities, which can be easily replicated in your business.

Prerequisites

None

Intended audience

This course is for professionals involved in planning, coordinating or delivering projects and business improvement initiatives in their organisation. It applies across structured and fast-moving project environments, including engineering, construction, health, education, government, commercial and non-profit sectors.

- Project managers looking to improve planning, delivery and oversight
- Accidental' project managers managing projects without formal training
- Team leaders, supervisors and business leaders responsible for project outcomes
- Project coordinators, business analysts and subject matter experts
- Change leaders, managers and support staff involved in organisational initiatives
- Anyone working on projects who wants to better manage timelines, stakeholders and priorities



Course duration

1 session, 8 hours total



Time

9am - 5pm



Format

Face-to-face
or
Online in real-time



Dates

Browse available
[course dates](#)



Upon completion

Every participant receives a University of Sydney statement of completion.



Outcomes

By the end of this course, you should be able to:

- appreciate the history of Agile and the Manifesto
- know when to apply Agile versus Waterfall techniques
- describe Agile methodologies, language and techniques
- apply Agile principles on your projects
- implement and prioritise user stories
- utilise effective estimating techniques.



Content

This introductory course leads with the basic principles of Agile project management. We will define the Agile Manifesto and demonstrate the key factors of effective Agile delivery. Throughout the course, Waterfall and Agile processes are compared to ensure you understand and can decide where each approach can be applied in projects.

The various key Agile approaches are discussed, including the language and techniques used in each. You will then have the opportunity to apply some of these principles to a case study. This will include user stories and their priorities, using backlogs and improved estimation techniques.



“Theories and practice at the same time. Right amount of content to be absorbed for a one-day course.”

Shuk Yan Chow

“Really engaging facilitator and good activities.”

Jessica Maldonado



“Facilitator was wonderful, very knowledgeable and made the content and activities easy to understand. Thanks so much! Learned a lot.”

Ruth O’Keefe



“I found it informative and the information presented was very supportive of the information it was presenting i.e. the important things had a heavy emphasis, and examples and activities supported what was being learnt.”

James Hayes



Delivery style

Interactive workshop.

Materials

Course materials are shared electronically.



Organisational training and development

This course can be delivered as a private session for groups of six or more, and tailored to meet the needs of your business. Contact us to discuss our range of organisational training solutions.

[Learn more](#)



THE UNIVERSITY OF
SYDNEY

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all.

Empower ambition,
inspire leadership

For more information

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