



THE UNIVERSITY OF
SYDNEY

Leadership Course

*Centre for
Continuing Education*



Leadership Course



In today's fast-paced world, strong leadership skills are essential for professionals at all levels. Explore your leadership edge in this dynamic two-day leadership course. You'll discover how to build thriving teams, gain insight into empowering and motivating others and learn to take purposeful, skillful action as a leader. Plus, you'll uncover your unique leadership strengths as you explore contemporary leadership theory and practice.

No matter what your current role, this course will inspire you to step into leadership with true confidence and know-how. If you are an emerging leader, have leadership aspirations, or want to become better acquainted with the latest trends in leadership, this is the leadership course for you.



Course duration

2 sessions, 16 hours total



Time

9am - 5pm



Format

Face-to-face
or
Online in real-time



Dates

Browse available
[course dates](#)

Intended audience

Aspiring leaders and managers, or those new to leadership and management roles.

Prerequisites

None



Upon completion

Every participant receives a University of Sydney certificate of completion.



Aims

This interactive leadership course aims to build your understanding of your leadership role and equip you to guide your organisation to higher performance, while increasing your authentic leadership presence.



Outcomes

By the end of this course, you should be able to:

- identify your leadership strengths, so you can bring your best self to the task of leading others
- reflect on your own performance as a leader and create a plan for enhancing your leadership effectiveness
- practice skills to influence and manage challenges as a leader
- assess the stage and needs of your team to support peak performance
- actively support the development of a flourishing organisational culture.



Content

Topic 1: Defining your leadership role

Discover what it means to be a leader in today's world. Discuss the difference between formal and informal leadership. Explore concepts of leadership theory and how they might apply to your own practice. Before the course begins, you will complete your Leadership Circle assessment. During this first module, you'll discover more about where your leadership growth edge is and explore strategies to build on current strengths.

Topic 2: Leading self

Assess your behaviours and underlying assumptions as a leader, using the Leadership Circle (TLC) free self assessment tool. Then explore the power and purpose of your role, to support your leadership journey and build your focus and impact as a leader.

Topic 3: Leading others

Leading others effectively and ethically requires a combination of skills, knowledge and experience. It involves understanding how to influence with integrity, appropriately delegating tasks and using your authority wisely. In this session, you will learn a key technique to manage and understand others in the workplace.

Topic 4: Leading teams

Develop an understanding of the stages of team development and strategies for each stage. Identify where your team is from an engagement perspective and develop strategies to align individual performance to the work of the whole team and organisation. You will also cover a simple feedback tool that allows to support ongoing development.

Topic 5: Leading culture

As a leader, you need to understand the importance of workplace culture and cultural competence. Discover how to create a positive and inclusive environment that values everyone's contributions. Link your own leadership to the culture of your team and across your organisation.

Topic 6: Integrating your leadership skills

Develop your action plan for continuing to reflect, learn and thrive as a leader.



“A valuable investment that provided me with new leadership tools relevant to my work. This tutor has incredible knowledge. Group activities provide valuable interactive learning opportunities. An energising and motivating education program.”

Jodie Kinny

“Great instructor, useful and eye-opening exercises, a small and intimate group, and great conversations with examples from others. I learnt a lot!”

Emma Lundgren



“A wonderful tutor who presents very well, is interesting and inspiring. I enjoyed this course so much and I learnt a lot. I walked away thinking I do have some power in my position even though I work in a highly regulated corporate environment. I just need to think about things creatively. Plus I learnt a lot about myself. I highly recommend this course.”

Kate Bramble



Delivery style

This course is interactive and based on experiential learning. The models and tools covered will vary according to the needs and interests of the group. You will be involved in group conversations, discussing and applying your learning, and completing written exercises. There will be constant opportunities to ask questions and gain insight into solving your particular challenges.

You will get the most from this course if you are:

- willing to contribute to group discussions
- confident communicating verbally in English
- comfortable participating in role-play style activities.



Organisational training and development

This course can be delivered as a private session for groups, and tailored to meet the needs of your business. Contact us to discuss our range of organisational training solutions.

[Learn more](#)



THE UNIVERSITY OF
SYDNEY

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all.

Empower ambition,
inspire leadership

For more information

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