



THE UNIVERSITY OF
SYDNEY

WHS Essentials Course

*Centre for
Continuing Education*



WHS Essentials Course



In this Work Health and Safety (WHS) essentials course you will learn the concepts, skills and knowledge required to understand WHS legislation in Australia and how to develop a robust WHS management system. We will show you useful policies and procedures that will assist you and your organisation to successfully manage WHS requirements.



Course duration

1 session, 8 hours total



Time

9am - 5pm



Format

Face-to-face
or
Online in real-time



Dates

Browse available
[course dates](#)

Intended audience

Designed for anyone who is interested in the WHS requirements of an organisation and what is required to be compliant. Also designed for those employees who maybe taking on a more hands-on role in the management of WHS in the organisation, such as supervisors, managers, human resources and employees involved in WHS committees or WHS roles.



Upon completion

Every participant receives a University of Sydney certificate of completion.



Aims

The aim of this course is to provide you an overview of WHS legislation in Australia and enable you to implement a robust WHS system in your organisation.



Outcomes

By the end of this course, you should be able to:

- explain WHS legislative requirements
- design appropriate policies and procedures to support the WHS management system
- undertake effective WHS consultation
- develop an effective risk-management process
- identify appropriate WHS training requirements
- report, record and resolve WHS incidents
- develop appropriate well-being programs.



Content

Legislation

- Understanding the terminology
- Reasonably practicable
- Due diligence and duty of care
- Responsibilities

A safe workplace and safety culture

- Why is safety critical?
- What is a safe culture?
- Creating a safety culture

Consultation and training

- Consultation requirements
- Creating participative arrangements
- What WHS training is required?

Risk management

- Hazards and risks
- Risk management system

Incident investigation and reporting

- Incident legislative requirements
- Incident investigations
- Reporting requirements

Workplace well-being

- What is Well-being and why is it important?
- Stress and fatigue
- Well-being strategies



“A really informative and useful session, working through lived examples to gain a deeper understanding into the relevant content.”

Ashok Hettigama

“ WH&S could be a dry topic but the facilitator made it very interesting, easy to understand and is engaging with a good sense of humour. Thank you! ”

Rebecca Oliver



Delivery style

The Australian National Training Authority (ANTA) states that one of the most valuable resources in adult education is the learner themselves. This course has been designed to actively involve the learner throughout the day. It includes:

- interactive presentations
- group work and discussion
- structured WHS design activities
- WHS based case studies.

Materials

All course materials, including the presentation and course workbook, are provided electronically.



Organisational training and development

This course can be delivered as a private session for groups, and tailored to meet the needs of your business. Contact us to discuss our range of organisational training solutions.

[Learn more](#)



THE UNIVERSITY OF
SYDNEY

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all.

Empower ambition,
inspire leadership

For more information

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