



THE UNIVERSITY OF  
SYDNEY

# **Change Management for Projects Course: Advanced Skills**

*Centre for  
Continuing Education*



# Change Management for Projects Course: Advanced Skills



This advanced course is for leaders that are involved in change management for meeting the organisation's strategic context. You will learn how to be the voice of change, communicating the change vision and the importance of the change sponsor role.

## Intended audience

This course is suitable for anyone involved in managing a change process, whether this be on an organisational-wide level or within a team setting. In particular, the course is designed for:

- Executive Managers, Heads of Departments or General Managers
- Program Managers, Portfolio Managers and Project Managers
- Change managers
- the 'accidental' Change Manager
- business partners supporting change leaders.

## Prerequisites

Our [Change Management Course: Core Skills](#) or equivalent knowledge.



### Upon completion

Every participant receives a University of Sydney certificate of completion.



#### Course duration

1 session, 7 hours total



#### Time

9am - 5pm



#### Format

Face-to-face  
or  
Online in real-time



#### Dates

Browse available  
[course dates](#)



## Aims

This course aims to provide you with leadership skills to define a change vision, lead organisational change, and to become an effective change sponsor within your organisation. This course is suitable for leaders involved in projects, programs and change management.



## Outcomes

By the end of this course, you should be able to:

- define change within the context of the broader organisational strategy
- explain different types, reasons and levels of organisational change
- describe the complexity inherent in organisational change
- describe change models and tools, and their role in how they shape change in your organisational context
- become an effective change sponsor able to describe messaging, power and position, resource management and utilisation, and alignment with strategy.



## Content

### Why change?

- Change in the context of culture and strategy
- The business case for change and change management

### Complexity of change

- Psychology of change
- The personal impact of change on self and others, including change acceptance, resistance, self-regulation and fatigue
- Change management models and the ingredients for effective delivery of change
- The power of culture in your organisation

### The Change Sponsor

- The critical role of the change sponsor
- Critical leadership skills to be an effective leader or sponsor of change
- Being the voice of change



## Organisational training and development

This course can be delivered as a private session for groups, and tailored to meet the needs of your business. Contact us to discuss our range of organisational training solutions.

[Learn more](#)



## Delivery style

This one-day course focuses on experiential learning. Content is broken into 10–15-minute blocks and immediately followed by group activities where the theory is put into action.

A range of interactive methods will be used including:

- storytelling and the use of professional examples to exhibit concepts
- self-reflection and group discussions
- case studies where the concepts are actively applied
- individual and team activities and presentations
- suggested readings for after training.

## Materials

You will receive course materials with case study activities and sample templates for your toolkit.



*“Every part of the day was engaging, every topic challenged my perception, and the facilitator continually encouraged growth. And all with a joyful attitude, which made for a great learning environment.*

**Rachael Laidler**



*“It was an interesting and engaging course which will help me effectively deliver changes within my organisation. The facilitator used practical examples to support my understanding.”*

**Imogene Gardiner**



THE UNIVERSITY OF  
**SYDNEY**

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all.

Empower ambition,  
*inspire leadership*

#### **For more information**

Centre for Continuing Education  
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