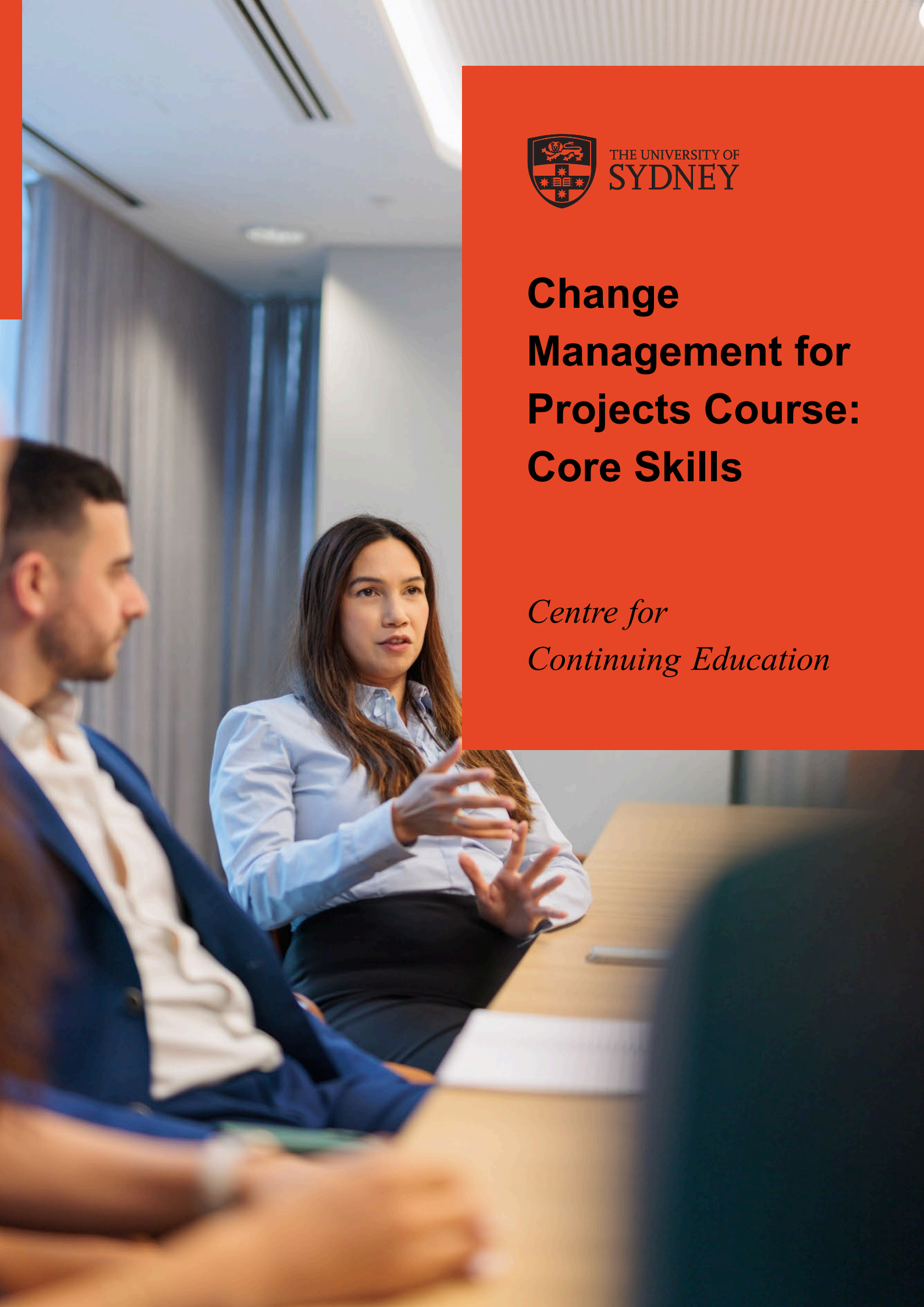




THE UNIVERSITY OF
SYDNEY

Change Management for Projects Course: Core Skills

*Centre for
Continuing Education*



Change Management for Projects Course: Core Skills



Learn the basics of change management and gain practical experience with planning and implementing change.

This practical change management course will show you how to develop a change plan, select an appropriate change model, and apply the model to case studies and real-life scenarios. You will also learn to post-evaluate to take corrective action where necessary to refine and reinforce the change process.

Prerequisites

None

Intended audience

This course is for professionals involved in planning, coordinating or delivering projects and business improvement initiatives in their organisation. It applies across structured and fast-moving project environments, including engineering, construction, health, education, government, commercial and non-profit sectors.

- Project managers looking to improve planning, delivery and oversight
- ‘Accidental’ project managers managing projects without formal training
- Team leaders, supervisors and business leaders responsible for project outcomes
- Project coordinators, business analysts and subject matter experts
- Change leaders, managers and support staff involved in organisational initiatives
- Anyone working on projects who wants to better manage timelines, stakeholders and priorities



Course duration

1 session, 8 hours total



Time

9am - 5pm



Format

Face-to-face
or
Online in real-time



Dates

Browse available
[course dates](#)

Upon completion

Every participant receives a University of Sydney statement of completion.





Outcomes

By the end of this course, you should be able to:

- support and lead others through the change management curve
- define, plan and implement a change initiative
- measure change readiness and the effectiveness of change
- develop skills to persuade and influence others, have difficult conversations and drive a positive culture within your team
- describe the psychology of change, change fatigue, organisational culture and different models and approaches to change management.



Content

Why change?

- What makes culture and change important?
- The psychology of change
- Models of leading change

Plan and implement change

- Change and communications plan
- Change readiness and effectiveness assessment
- Strategies and interventions to deliver change, including a training needs analysis, training plan and coaching plan

Develop your change toolkit

- Challenging and constructive conversations to effectively deliver change on the ground
- Emotional self-regulation
- Personality traits and learning styles
- Leading change, for e.g. being the change you want to see
- Positive psychology interventions including reflective practice

Change models

- The human factors that make change so difficult (Kubler Ross change curve)



“The facilitator was excellent and gave great explanation and context to change management.”

Alana Divan

“Great course, lots of learning! Angela is a great facilitator; I really enjoyed her facilitating style!”

Leona Alcaraz



“Great course, lots of useful tools to take away, and very user-friendly examples. Loved how interactive the class was, and how many different methods we were able to work through in groups. Reviewing other groups responses was also helpful to assess and better inform ways of working. Great course, fun and interactive.”

Nicola Robinson



Delivery style

This one-day course focuses on experiential learning. Content is broken into 10-15 minute blocks and immediately followed by group activities where the theory is put into action.

A range of interactive methods will be used including:

- storytelling and the use of professional examples to exhibit concepts
- self-reflection and group discussions
- case studies where the concepts are actively applied
- individual and team activities and presentations
- suggested readings for after training.

Materials

You will receive:

- course materials with case study activities and sample templates for your toolkit

In order to access online course materials, we recommend that you bring your own device (Windows or Mac) to class.



Organisational training and development

This course can be delivered as a private session for groups of six or more, and tailored to meet the needs of your business. Contact us to discuss our range of organisational training solutions.

[Learn more](#)



THE UNIVERSITY OF
SYDNEY

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all.

Empower ambition,
inspire leadership

For more information

Centre for Continuing Education
+61 2 7255 1577

cce.sydney.edu.au

Follow us

 [@ccesydney](https://www.facebook.com/ccesydney)

 [@centreforcontinuingeducation](https://www.youtube.com/channel/UC...)

 [ccesydney](https://www.linkedin.com/company/ccesydney)